

Question: "What are the five *solas*?"

Answer: The five *solas* are five Latin phrases popularized during the Protestant Reformation that emphasized the distinctions between the early Reformers and the Roman Catholic Church. The word *sola* is the Latin word for "only" and was used in relation to five key teachings that defined the biblical understanding and preaching of "Protestants". Non "Protestant" faiths like Baptists also accept these tenets but are not formalized as creeds.

1. ***Sola scriptura***: "Scripture alone"
2. ***Sola fide***: "faith alone"
3. ***Sola gratia***: "grace alone"
4. ***Solo Christo***: "Christ alone"
5. ***Soli Deo gloria***: "to the glory of God alone"

Each of these *solas* can be seen both as a corrective to the excesses of the Roman Catholic Church at the start of the Reformation and as a positive biblical declaration for living today in light of the Bible's clear teaching.

Sola scriptura emphasizes the Bible alone as the source of authority for Christians. By saying, "Scripture alone," the Reformers rejected both the divine authority of the Roman Catholic Pope and confidence in sacred tradition. Only the Bible was "inspired by God" ([2 Peter 1:20-21](#)) and "God-breathed" ([2 Timothy 3:16-17](#)). Anything taught by the Pope or in tradition that contradicted the Bible was to be rejected. *Sola scriptura* also fueled the translation of the Bible into German, French, English, and other languages, and prompted Bible teaching in the common languages of the day, rather than in Latin.

Sola fide emphasizes salvation as a free gift based on Faith Alone. The Roman Catholic Church of the time emphasized the use of indulgences (donating money) to buy status with God. Good works, including baptism, were seen as required for salvation. ***Sola fide* stated that salvation is a free gift to all who accept it by faith ([John 3:16](#))**. Salvation is not based on human effort or good deeds ([Ephesians 2:9](#)).

Sola gratia emphasizes grace as the reason for our salvation. In other words, salvation comes from what God has done rather than what we do. [Ephesians 2:8-9](#) teaches, "For by grace you have been saved through faith. And this is not your own doing; it is the gift of God, not a result of works, so that no one may boast."

Solo Christo (sometimes listed as ***Solus Christus***, "through Christ alone") emphasizes the singular role of Jesus in salvation. The Roman Catholic tradition had placed church leaders such as priests in the role of intercessor between the laity and God. Reformers emphasized Jesus' role as our "high priest" who intercedes on our behalf before the Father. [Hebrews 4:15](#) teaches, "For we do not have a high priest who is unable to

sympathize with our weaknesses, but one who in every respect has been tempted as we are, yet without sin.” Jesus is the One who offers access to God, not a human spiritual leader. Also when the veil was torn at Christ’s death, it symbolizes no more barrier between us and Christ, and no need for another High Priest.

Soli Deo gloria emphasizes the glory of God as the goal of life. Rather than striving to please church leaders, keep a list of rules, or guard our own interests, our goal is to glorify the Lord. The idea of *soli Deo gloria* is found in [1 Corinthians 10:31](#): “So, whether you eat or drink, or whatever you do, do all to the glory of God.”

The five *solas* of the Protestant Reformation offered a strong corrective to the faulty practices and beliefs of the time, and they remain relevant today. We are called to focus on Scripture, accept salvation by grace through faith, magnify Christ, and live for God’s glory.